

KASTHURBA COLLEGE FOR WOMEN

Accredited by NAAC with 'B' Grade
(Functioning under the Aegis of the Pondicherry Society for Higher Education)
Pondy - Villupuram Main Road, Kannagi School Campus,
Villianur, Puducherry - 605110

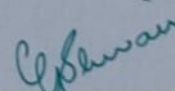
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IQAC

Orientation Programme for I-Year Students (B.A. History, B.A. Social Work and B.Sc. Psychology)

| Sessions | Theme | Resource Person |
|-----------|--|---|
| Session 1 | About Higher Education, Kasthurba College for Women, CBCS (Internal and External Evaluation) | Head of the Department. |
| Session 2 | NSS, Electoral Literacy club, Internal Complaints Committee, Scholarship, Anti Ragging Cell, Prevention of Caste Based Discrimination in Higher Education Institution, Mentorship, sports, Yoga, Library. Rights and Responsibilities of Students in keeping clean and hygienic environment. | Head of the Department and In-charges of Clubs and Committee. |
| Session 3 | Towards Healthy Emerging Adulthood | Dr. K. Bhuvaneshwari, Asst. Prof. of Psychology |
| Session 4 | Sensitization Programme on Prevention on Suicide | Dr. K. Bhuvaneshwari, Asst. Prof. of Psychology |
| Session 5 | Importance of Breakfast, Importance of Physical Health, Pandemic and its history, Covid-19 and Mental health | Dr. K. T. Anju, Asst. Prof. of Social Work |
| Session 6 | Healthy use of Social Media | Dr. D. Suresh, Asst. Prof. of Psychology |


PRINCIPAL
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PUDUCHERRY 605 110.